

Guess The Feeling Game

Objectives:

- Students will learn to identify emotions based on physical cues.
- Students will learn appropriate ways to show various emotions.

Materials:

Cards from the page 12

Recording sheet from page 13

Writing utensils for each student

Directions:

Prep: Cut out the cards on the page. Print out enough recording sheets for each student to have one.

Activity: Give each student one card. Students will act like they are experiencing the feelings on their cards. While continuing to act out their feelings, students must travel to other students in the group and try to figure out the feelings they have by asking questions and reading physical/verbal cues. Once students figure out which feeling someone else has, they will record that person's name and the feeling they have on the recording sheet. Once the activity is over, go over the answers as a group.

This game can be used in individual sessions by cutting out the cards and mixing them up. Take turns drawing a card and acting it out. The other person has to guess the correct feeling. The recording sheet is not needed for individual sessions.

Happy

Angry

Embarrassed

Tired

Sick

Hyper

Sad

Surprised

Bored

Worried

Name: _____

Directions: Travel around and try to figure out what feeling your classmates have by asking yes or no questions. Once you figure it out, record the name of the student and the feeling he/she has on the list below. Remember to keep acting out the feeling on your card!

Name

Feeling

1.	1.
2.	2.
3.	3.
4.	4.
5.	5.
6.	6.
7.	7.
8.	8.
9.	9.
10.	10.

